NUTRITIONAL MANAGEMENT SERVICES LIMITED

BREAKFAST - WEEK 2

Spring-Summer 2009

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All	Cold Beverages Hot Beverages						
Choice 1	Beverage Hot Cereal Eggs Toast & Jam						
Choice 2 Available in all Textures	Fresh Fruit Dry Cereal Protein Baked Good						

LUNCH - WEEK 2

	SUNDAY						
All	Cold Beverages Hot Beverages						
Choice 1	Soup Protein Condiments Starch Vegetable Dessert						
Choice 2 Available in all Textures	Protein Condiments Vegetable Dessert						

SUPPER - WEEK 2

	SUNDAY						
All	Cold Beverages Hot Beverages						
Choice 1	Protein Condiments Starch Vegetable Dessert						
Choice 2 Available in all Textures	Protein Condiments Vegetable Dessert						
PM Snack	Snack						
HS Snack	Snack						

AVAILABLE AT ALL MEALS - W/W BREAD IN ALL TEXTURES
* Assorted Beverages Available Daily: Fruit Drinks, Juice, Chocolate Milk, Water, Gingerale
Alternate Snack Available each snack daily: Rotation of fresh fruit

WEEK2							
WEEK OF:	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER